



## COURSE INFORMATION

### **TLIF0005 APPLY A FATIGUE RISK MANAGEMENT SYSTEM**

FACE TO FACE DELIVERY

#### **Unit Description**

This training is nationally recognised (accredited training) and meets all requirements of the TLIF0005 Unit of Competency. This unit took over the Training Requirements for the Fatigue Management Module for the Accreditation Scheme (BFM and AFM).

This unit of competency involves the skills and knowledge required for fatigue regulated heavy vehicle drivers to manage fatigue and to work safely.

It includes applying fatigue risk management strategies, identifying and acting on signs of fatigue, operating within a fatigue risk management system, planning and navigating trips, updating and maintaining records, complying with work and rest limits, and implementing appropriate strategies to minimise fatigue during work activities.

Work is performed under some supervision as a single operator and/or within a team environment.

Legislative and regulatory requirements are applicable to this unit. The primary legislative requirement of this unit of competency is the Heavy Vehicle National Law (HVNL).

Being awarded this unit of competency is a necessary requirement to operate under National Heavy Vehicle Regulator (NHVR) Fatigue Management Accreditation but is only one of the criteria. Prospective applicants should check with the NHVR before undertaking training and/or assessment.

#### **Entry Requirements**

There are no formal entry requirements to this unit. However, students must be able to understand and speak enough English to understand instructions and assessments and communicate with trainer / assessor. This is determined at interview with the student and the trainer.

- Be at least 18 years old
- Have sound reading and written and oral communication and mathematical skills  
An LLN assessment is required to ensure adequate resources are provided to the learner to complete the course
- Are employed or subcontracted within a transport company or a service that requires the use of Fatigue Regulated Heavy Vehicles

The learner must provide photographic evidence of their identity plus a copy of their applicable licence prior to commencement of the course



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#### **Target Client**

This course in fatigue management is provided to those employed drivers who are required drive a Fatigue Related Heavy Vehicle (12 tonne or above) The learners must be currently employed in a position that requires the learner to drive a Fatigue Related Heavy Vehicle

#### **Duration and Delivery Method**

**Face to Face and Correspondence (Blended Learning)** - This unit is delivered over 40 hours, consisting of several hours of reading learning material and completing a participant's workbook prior to the commencement of the course, and an eight (8) hour face to face seminar.

#### **Resources**

Students are to have access to:

- Learning Materials
- Other internal documents and external reference material as identified in the Assessment Guidelines
- Student Assessment Tools
- Classroom
- Internet access if blended learning
- Computer
- Printer
- Logbook
- Pre-departure checklist
- Driver handbook
- Driving plan
- Driver diary/logbook

#### **Licensing, legislative, regulatory or certification considerations**

The delivery of this unit is subject to a licensing agreement with the National Heavy Vehicle Regulator through

- Heavy Vehicle National Law (HVNL)
- Chain of Responsibility
- Heavy Vehicle (Fatigue Management) National Regulation
- Work Health and Safety Act
- Work Health and Safety Regulations



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#### **Delivery Strategies**

Students will undertake this unit as self paced learning as they are sent learning material and a participant's workbook at least 2 weeks before the one day face to face workshop delivered by an appropriately qualified trainer.

Learners will be assembled off the job and will receive face to face training delivery that ensures the learner achieves the required understanding of:

- Identify and manage fatigue risk in the road transport sector
- Operate within a road transport fatigue risk management system
- Plan and navigate a heavy vehicle trip
- Comply with work and rest hours'
- Update and maintain records

#### **Content Delivery**

During a brief induction, students are given the unit learning material covering the underpinning knowledge of the unit of competency as well as a reference guide on where further information and current legislation can be obtained.

The content of delivery will be:

- consequences of fatigue risk management non-compliance
- fatigue management hierarchy of risk control
- fatigue management workplace policies and procedures
- HVNL exemption notices or permits related to fatigue
- obligations and requirements of periodic audits of fatigue management documentation/records
- organisation nominated record keeper
- principal obligations relating to fatigue management in HVNL, including:
- consideration of traffic conditions in managing speed and fatigue
- fatigue, work and rest times
- record keeping responsibilities and compliance obligations
- relevant WHS/OHS regulation as it relates to fatigue
- risks, hazards and consequences created by fatigue in the workplace
- strategies of fatigue management and evaluating own fitness for work, inclusive of sleep disorders
- symptoms and strategies relevant to heavy vehicle driving fatigue management
- workplace fatigue risk management program
- workplace procedures as they relate to duty of care, fatigue non-compliance, and fatigue regulations penalties as they apply to a heavy vehicle driver.



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**Assessment Strategy & Evidence Gathering**

During delivery of this unit, students undertake formative assessment activities to ensure they are developing a correct understanding of the content being delivered. This may be through multiple choice, true/false questioning and / or short answer questioning.

Competency determination is based on a summative assessment, in workbook format, that is completed both throughout and at the end of the one day workshop as an open book exam. Should a student be unsuccessful in the exam, they may appeal the decision within one week of competency determination being made.

**Assessment of practical skills**

The student will be assessed in their demonstration of:

- applying relevant work health and safety (WHS) legislation
- applying relevant workplace policies and procedures
- applying strategies to address signs and symptoms of heavy vehicle driver fatigue
- applying workplace fatigue risk management policies and procedures
- communicating unplanned events and deviations to relevant personnel
- complying with Heavy Vehicle National Law (HVNL) fatigue requirements
- complying with trip work and rest requirements
- counting work and rest time accurately
- identifying and acting on fatigue risk factors as a heavy vehicle driver
- implementing risk mitigation control measures
- planning and navigating a heavy vehicle trip
- preparing and maintaining heavy vehicle driver work diaries/records and relevant documentation in accordance with workplace procedures
- providing feedback on compliance in a fatigue risk management system
- reading and interpreting heavy vehicle driver fatigue management workplace policies and procedures
- recognising breaches of fatigue management strategies and taking appropriate action in accordance with fatigue risk management system
- recording equipment malfunctions in work diary and/or workplace records in accordance with workplace procedures
- recording in work diary and/or workplace records in accordance with workplace procedures



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**Student Pathways after completion**

On completion of this unit, individuals can apply their knowledge and skills to the workplace in positions such as line haul or short haul truck operator or this could be a step into management of fatigue as a load allocator or other first line supervisor.

Alternatively, the graduates of this unit may continue their vocational education through *TLIF0006 Administer a fatigue management system.*